

AFZA-PS-S04 SAFETY DIVISION **Aug 04**

On 26 Jul 04, a Ft Bragg soldier collapsed after a unit PT run along **Ardennes Street. The soldier was** transported to WAMC. Over the next 24 hours the soldier's condition continued to deteriorate. At 2020 on

27 Jul 04 the soldier was pronounced Heat injuries have a direct head, a casualty of head strokesion

capabilities. Heat injuries can seriously injure soldiers, which may result in a permanent profile or their separation from the military.

Heat injury occurs primarily when a soldiers tries to exceed their current physical and medical capability.

Dietary and fitness supplements XVIII Airborne Corps Master Policy Letter Cilystofes that runs greater than 5 miles as highnisk cosentshellighcRisk events must have the approval before the first of the chain of command. Risk assessment is part of every planning process, commanders should dentitate tweters in take is me nimportant factor in implepreyenting heat casualties. Leaders are asked to

remind their soldiers to remain hydrated prior to strenuous physical activity.

This accident could have been prevented!

COMMAND ATTENTION REQUIRED